

FREE!

SUMMER 2014

outdoor **fitness** *classes*

Register now for these fun co-ed programs!
Kiwanis Park • 12:05-12:50 • Tue & Thu • June - Aug

For more information, visit www.in-motion.ca
or call 306-975-3392.

PILATES

BOOT CAMP

YOGA

URBAN POLING

& MORE!

Program partners:



in motion

Physical Activity & Lifestyle

